

I spent my entire professional life in technology, so using new tools has always felt natural to me. I use artificial intelligence extensively in my writing process, including to organize ideas, translate material I first expressed in French, test alternatives, refine the final prose, and develop visual material.

Everything I write begins with something I lived, observed, struggled with, got wrong, or eventually came to understand. The experiences are mine, as is what I have made of them. Writing was never my profession. Now, later in life, I have the time and distance to look back more carefully, distill what experience has taught me, and pass some of it on.

I use AI to help make the writing as clear, concise, compelling, and enjoyable to read as I can. I care about the reader's time, and I want the expression of an idea to be as strong as the idea itself.

Using AI this way has made me think carefully about where human contribution remains most important. AI can help shape the language, but it does not decide what I believe, what an experience meant to me, what belongs in the work, or what I am prepared to stand behind.

For me, the essential elements are experience, judgment, selection, meaning, and responsibility. I develop the ideas, choose what to include, shape the argument, and work sentence by sentence on wording, rhythm, emphasis, and precision until the language says exactly what I mean and expresses it the way I want. I take responsibility for the finished work carrying my name.